
Jigsaw – The National Centre for Youth Mental Health presents:

Columbine: Lessons Learned – Frank DeAngelis in conversation with Dr Tony Bates

After 35 years as an educator Frank has many lessons for parents and anyone concerned about or working with young people. In a wide ranging talk, he will cover topics such as:

- The importance of being present and staying involved as parents even when adolescents tell us we're not needed.
- Staying in touch with the role of social media in their lives
- How to spot a young person in distress
- The role of self-care for those who work on behalf of young people

Date:	Wednesday 14th September 2016
Time:	6.30-8.30pm (check-in from 5.30pm)
Venue:	The Mansion House, 2 Dawson Street, Dublin 2
Tickets:	€25 (must be purchased in advance through Eventbrite.com).

[Find out more about this event and book your place today, to avoid disappointment.](#)

Please contact Suzanne in the fundraising team on 01 4727010 or email suzanne.oreilly@jigsaw.ie with any queries.

All funds raised will support Jigsaw's work with young people's mental health here in Ireland.

About Frank DeAngelis:

Frank DeAngelis was a staff member at Columbine High School in Littleton, Colorado before becoming the principal in 1996. Three years into his term as principal, the Columbine school shooting happened which resulted in the death of 14 young people and one teacher.

Instead of getting lost in the gun control debate, Frank DeAngelis opted for exploring what tragedies like Columbine teach all of us – parents, teachers and communities. In the past 17 years, Frank has led his school and wider community through a story of recovery which shows that hope is possible, even in the most horrific of human experiences.

He considers the mental health needs of young people, identifying ‘at-risk behaviour’ and strengthening the protective factors in the lives of our young people.

Frank’s honesty and unwavering commitment that those lost in the Columbine tragedy will never be forgotten is reflected in a willingness to share the hard lessons learned and his own moving and personal journey.

About Tony Bates:

Tony Bates is the Founding Director and CEO of Jigsaw – The National Centre for Youth Mental Health.

Prior to establishing Jigsaw, Tony worked as Principal Clinical Psychologist at St. James’s Hospital in Dublin.

He worked and trained in the United States and Oxford University alongside some of the World’s leading thinkers in mental health. On his return to Ireland in 1996 he established the Trinity College Dublin’s Masters in Cognitive Psychotherapy.

Tony is a regular contributor to print and broadcast debate about mental health. He was an editor of ‘A Vision for Change’, the ten year Government policy on mental health service reform and has been closely involved in writing several recent policies on suicide prevention, and the health of children and young people. He is the author of a number of bestselling books including “Coming through Depression: a mindful approach to recovery”.