



# 3-DAY TRAINING COURSE: DUBLIN



# Voice Collective Group Facilitation

## PEER SUPPORT GROUPS FOR YOUNG PEOPLE WHO HEAR VOICES

### ABOUT THE COURSE:

This innovative and interactive 3 day course will help you to develop the understanding, skills & confidence necessary to develop a Voice Collective peer support group in your organisation.

It combines personal and professional experience to cover the following areas:

- Understanding the experience and impact of voices, visions & 'psychosis'
- Understanding the HVN approach and how to apply this to work with children & adolescents
- Developing a toolbox of coping strategies to support children & adolescents in their recovery
- Understanding peer support & developing creative ways of working with young people
- Setting up, launching and sustaining a Voice Collective peer support group
- Practical skills for group facilitation

### WHO IS THE COURSE FOR?

- People who have a genuine interest in facilitating/co-facilitating a group, inc: voice-hearers, nurses, psychologists, support workers, youth workers, therapists, OTs, volunteers, social workers etc.

We particularly welcome joint applications from mental health staff who have an agreement/opportunity to set up a group in their setting.



## 7, 8 & 9 APRIL

## 10.00 - 4.30 PM

@ School of Nursing and Midwifery, Trinity College, Dublin

### BOOK YOUR PLACE:

Places on this programme are limited and will be allocated on the basis of an ability to attend all 3 days and a commitment to start a Hearing Voices Group.

Send application forms to: Mark Monahan, [monahanm@tcd.ie](mailto:monahanm@tcd.ie)



In partnership with

- IIMHN
- HSE NMPDU

This free workshop is hosted by Irish Institute of Mental Health Nursing and HSE Nursing and Midwifery Planning Development Unit, and facilitated by Mind in Camden's Voice Collective project ([www.voicecollective.co.uk](http://www.voicecollective.co.uk))



# 3 - DAY COURSE: DUBLIN APPLICATION FORM

## CONTACT DETAILS

Name:  Phone:

Address:

Role:  Organisation:

Email:

## APPLICATION DETAILS Please tick the statement(s) that apply to you:

<input type="checkbox"/>	I am interested in facilitating a Hearing Voices (Voice Collective) Group for children/adolescents	<input type="checkbox"/>	I am 16+ and have personal experience of hearing voices, seeing visions or other unusual sensory experiences
<input type="checkbox"/>	I have identified a suitable service/organisation that is interested in hosting this group	<input type="checkbox"/>	I am interested in developing my skills in working with young people, but do not plan to set up a group
<input type="checkbox"/>	I have the support of my manager to develop this initiative	<input type="checkbox"/>	I can attend all 3 days of the training course

**SUPPORTING STATEMENT** Please tell us why you're interested in this course and any plans you have to develop a peer support group for young people who hear voices. Please note: we will prioritise trainees with clear plans, so please be detailed. If you have any commitment from an organisation/manager to develop a group - please include this letter of support with your application.