



3-Day Hearing Voices Group Facilitation & Network Development Training

Facilitator: Jacqui Dillon

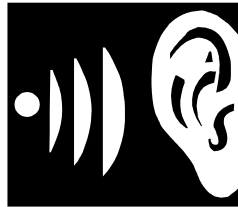
Workshop Dates:

6th, 7th & 8th November 2013

**School of Nursing & Human Sciences, Dublin City University, Glasnevin,
Dublin 9**

**Funded by the Nursing and Midwifery Planning Development Unit
Health Service Executive – Dublin North**

Organised in Association with the Irish Institute of Mental Health Nursing



An Experiential Workshop for Mental Health Staff and People with Lived Experience who want to develop the knowledge and skills necessary to facilitate a Hearing Voices Support Group

Hearing Voices Groups offer a safe place for people to feel accepted and comfortable sharing their experiences of voices, visions, tactile sensations and other unusual experiences and perceptions. People meet together to help and support each other, to exchange information, and to learn from one another. Groups also offer an opportunity for people to accept and “live with voices” in a way that enables them to regain some control over their lives.

Jacqui Dillon is a respected campaigner, writer, international speaker and trainer specialising in hearing voices, ‘psychosis’, dissociation, trauma, abuse, healing and recovery. She is the National Chair of the Hearing Voices Network in England and a Board member of Intervoice – the International Network for Training, Education and Research into Hearing Voices. Jacqui is Honorary Lecturer in Clinical Psychology at the University of East London. Along with Professor Marius Romme and Dr Sandra Escher she is the co-editor of *Living with Voices*, an anthology of 50 voice hearers’ stories of recovery. She is also co-editor of *De-medicalising Misery: Psychiatry, Psychology and the Human Condition*, and has published numerous articles and papers; she is on the editorial board of the journal *Psychosis: Psychological, Social and Integrative Approaches* and is a member of the collective for *Asylum*, the magazine for Democratic Psychiatry. Jacqui is also a voice hearer. For further information please see www.jacquidillon.org

There is an established and emerging body of evidence to support the effectiveness of Hearing Voices Support Groups. They offer people who hear voices the opportunity to share their experience and find ways of coping with this experience, which can be complementary to other support methods.

Over the past year, three Hearing Voices Group Facilitation & Network Development Training workshops have been held around the country. Several Hearing Voices Support Groups have been set up as a result of these workshops. Interest in the workshops has been overwhelming, hence the offer a further workshop, specifically targeting.

The workshop has been funded by the **Nursing and Midwifery Planning Development Unit, Health Service Executive – Dublin North**, and is being organised by the **School of Nursing & Human Sciences , DCU**, in association with the **Irish Institute of Mental Health Nursing**.

The 3-day workshop takes place: **on 6th, 7th & 8th November 2013** in the School of Nursing & Human Sciences, DCU, facilitated by Jacqui Dillon. On completion of the training, participants will be expected to start up a Hearing Voices Support Group and/or co-facilitate an already existing group. It is also envisaged that the series of workshops will lead to the establishment of a Hearing Voices Network where workshop facilitators can meet/email regularly to share their experiences and develop good practice.

Expressions of interest are now invited from voice hearers who have a genuine interest in facilitating/co-facilitating a Hearing Voices Support Group and from mental health staff who have agreement and/or opportunities to start a group in the setting in which they work. Joint applications are specifically welcomed from two voice hearers or voice hearer/mental health staff member (maybe supported by the services they use/work in), who have an interest in starting and facilitating a group. Others interested in starting a group, ideally those who have identified a service willing to support them to establish a group, are also welcome to apply.

Places on the programme are limited and will be allocated on the basis of and ability to attend all 3 days and a willingness and commitment to start a Hearing Voices Support Group.

If interested, please complete either the joint application or the individual application form (attached). The closing date for applications is **Friday 11th October 2013**, with places confirmed by **18th October 2013**.

If you would like to discuss making an application and/or would like more information about the workshop, please contact Lám Mac Gabhann at either liam.macgabhann@dcu.ie or on 01 700 8805

Lám Mac Gabhann
School of Nursing & Human Sciences
Dublin City University

**Individual Application for
Hearing Voices Group Facilitators' Training**

Name

Address

Telephone

Email (if applicable)

Please circle the number which most applies to you:

1. I am a voice hearer who is interested in co-facilitating on a group that already exists (you do **NOT** need to have identified this group)
2. I am a voice hearer who has identified a service which I don't use who would like to support me to establish a group there
3. I work in a mental health setting and would like to start a group in this service
4. Other, please state _____

If you have ticked 2, 3 or 4 please give the name and address of the setting in which you intend to run the group, and **enclose a short letter of support from the Manager of this service – which confirms that they are interested in a group being set up in their service.**

Please write/type a short statement (max 250 words) as to why you are interested in doing this training

Thank you for taking the time to complete this. Please return (either by post or **preferably** by email) the application form (and supported letter where relevant) to:

Liam Mac Gabhann
School of Nursing & Human Sciences
Dublin City University
Glasnevin, Dublin 9
liam.macgabhann@dcu.ie

**Joint Application for
Hearing Voices Group Facilitators' Training**

Name

Name

Address

Address

Telephone

Telephone

Email (if applicable)

Email (if applicable)

Name of service attended:

Name of service attended:

Address of service:

Address of service:

Please circle the number which most applies to you:

1. We are two voice hearers who use services who have an interest in facilitating a group in each other's service
2. We are two voice hearers who has identified a service which we don't use who would like to support us to establish a group there
3. We are a voice hearer/mental health worker in a mental health setting and we would like to start a group in this service
4. Other, please state _____

If you have ticked 1, 2 or 3 please give the name and address of the setting in which you intend to run the group, and **enclose 2 letters of support from the managers of both services which confirms that they interested in groups being set up in their service.**

Please write/type (and append) a short statement (max 250 words) as to why you are both interested in doing this training

Thank you for taking the time to complete this. Please return (by post or **preferably** by email) the application form (and supported letter where relevant) to:

Liam Mac Gabhann
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Dublin City University
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liam.macgabhann@dcu.ie